Pineapple Orange Frozen Yogurt

Makes: 3 Servings

Ingredients

- 1 cup yogurt, non-fat vanilla
- 1/2 cup orange juice
- 1 cup pineapple chunks, fresh or canned

Directions

1. Place yogurt and fruit in large plastic bag, flatten, and freeze overnight.
2. Combine fruit, yogurt, and juice in food processor or blender and blend until smooth.
3. Serve immediately or place back in the freezer to harden until ready to serve, up to 1 hour, stirring occasionally. Stir before serving.

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). This institution is an equal opportunity provider. Created by UConn Dietetics student Emily Gniado. Recipe from https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-program-snap/pineapple-orange-frozen-yogurt